



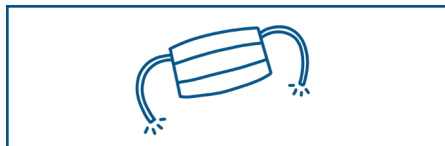
# CHILD LIFE SPECIALIST care KIT

## Do-It-Yourself Accessory Guide

Here are instructions for creating DIY medical play accessories to customize the duck. Match the accessories with the patient's needs. The patient may like to help create them.

### Mask

**Materials:** Mask, scissors, fastener (stapler or tape)



1. Detach the bottom part of the elastic from mask.

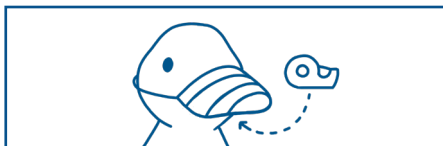


2. Press and form the mask to the duck's beak.



3. Fold the excess mask under the beak.

4. Overlap the two corners of the new bottom edge.



5. Fasten with staples or tape.

### NG tube

**Materials:** NG tube or clear tube, scissors, fastener (tape or IV dressing)



1. Trim the NG tube to an appropriate length to fit the duck.

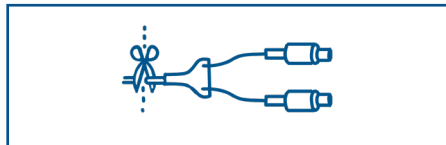
2. Cut the NG tube at an angle so that it will lay flush on the duck's beak.



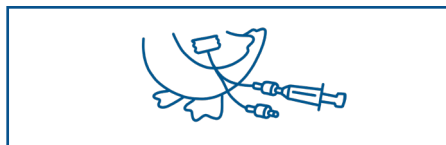
3. Cut a small strip of tape to secure the tube to the beak.

# PICC line, Central line, Peripheral IV

**Materials:** Catheter connector tubing, scissors, fastener (tape or IV dressing)



1. Cut the catheter connector tubing just above the needle.



3. Use the syringe in the Care Kit to demonstrate a blood draw.

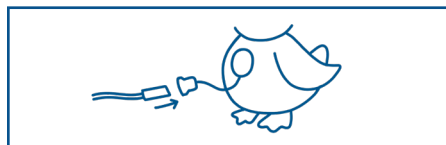


2. Attach the remaining portion of the catheter tubing to the duck using tape or an IV dressing.

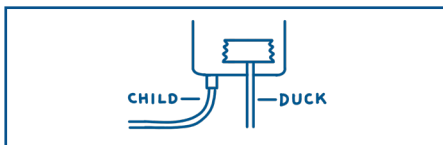
- For a PICC line and Peripheral IV, tape the end of the catheter to the duck's wing.
- For a central line, tape the end of the catheter to the duck's chest.

## IV Clip

**Materials:** Catheter tube, tape



1. Attach the catheter to the connector of the duck's Port-a-cath Accessory.



2. Tape the end of the catheter tube to the child's IV bag.
3. Explain to the patient that the duck is getting chemo.

## G-tube

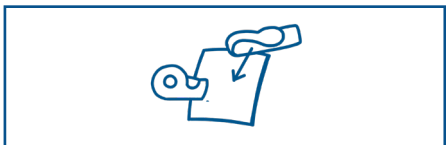
**Materials:** G-tube or a medical tool that has the same valve, fabric or sturdy paper, scissors, tape  
*If it's possible, patients may like to choose the color of the fabric or paper.*



1. Cut the valve off of the G-tube.



2. Cut a small square of fabric or sturdy paper. This mimics the feeding tube holder.



3. Tape the valve on to the square piece of fabric or paper.



4. Tape the completed assembly to the duck's belly.

# Tracheostomy

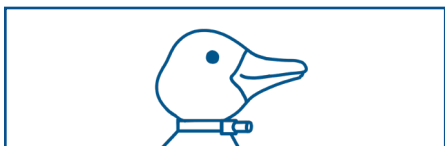
**Materials:** Trach, trach ties, scissors, tape, appropriate cap/valve, (optional) suction tube



1. Cut the end of trach tie to match the size of the duck's neck, if needed.



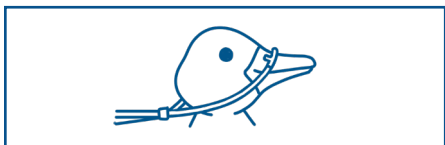
2. Cut the end off the trach so the external portion is able to lie flat against the duck.



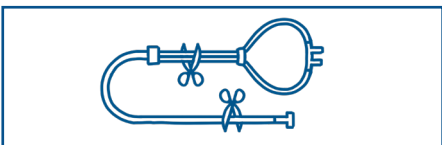
3. Attach the trach tie to the trach and secure it around the duck's neck.
4. Place the appropriate cap/valve on trach.

# Nasal Cannula

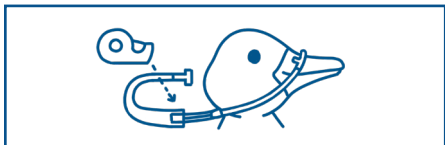
**Materials:** Nasal tube or clear tube, scissors, tape



1. Align nasal tubes to nostrils and cinch the tubing, so that it sits securely on the duck.



2. Trim away excess tubing from the middle. This involves 1 cut on the soft tubes and 1 cut on the wider tube.



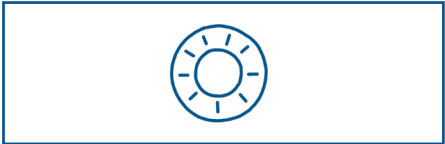
3. Insert the end of the 2 soft tubes into the wider tube.
4. Tape the tube connection together and cover with tape.

# Ostomy

**Materials:** Ostomy pouch, barrier ring, red modeling compound, sturdy paper, tape



1. Make a stoma with modeling compound and a circular piece of sturdy paper. Attach it to the duck with tape.



2. Cut a hole in the barrier ring to fit around the stoma.



3. Connect the barrier ring around the stoma using tape.



4. Tape the ostomy pouch to the barrier ring.

# Ommaya

**Materials:** Ommaya reservoir (if not available, half of a bouncy ball), white fabric, tape, scissors



1. Cut the catheter from the Ommaya reservoir.



2. Cut a square of white fabric large enough to cover the Ommaya. This mimics the skin that covers the Ommaya.



3. Attach the Ommaya reservoir to the duck's head using tape.



4. Attach the fabric to the duck with tape so that it covers the Ommaya. You can choose to completely adhere the fabric or leave one side unattached so the patient is able to see the Ommaya.